

SUBCHAPTER 16Q - GENERAL ANESTHESIA AND SEDATION

SECTION .0100 – GENERAL

21 NCAC 16Q .0105 UPDATE COURSE FOR GENERAL ANESTHESIA AND MODERATE CONSCIOUS SEDATION PERMIT HOLDERS

(a) All general anesthesia permit holders, moderate conscious sedation permit holders, moderate pediatric conscious sedation permit holders, and all auxiliaries dedicated to patient monitoring for these sedation procedures, shall complete a Board-approved update course by December 31, 2030, and once every three years thereafter, that includes at least six total hours and covers the following topics:

- (1) patient assessment and selection;
- (2) appropriate medications and dosages;
- (3) different levels of sedation and anesthesia, including inducement, recognition, and reversal;
- (4) proper patient monitoring;
- (5) effective airway management; and
- (6) recognizing, diagnosing, and effectively managing medical emergencies.

(b) The update course shall incorporate an in-person simulation that includes induction of deep sedation, recognition of deep sedation, and reversal of deep sedation.

(c) The update course may apply toward fulfillment of the continuing education requirements for permit renewal set forth in Rules .0207, .0305, and .0407 of this Subchapter.

*History Note: Authority G.S. 90-28; 90-30.1; 90-31.1; 90-48;
Eff. December 1, 2025.*